| Monday | I uesday | Wednesday | ihursday | Friday | BREAKFAST \& LUNCH ARE FREEFOR ALL |
| :---: | :---: | :---: | :---: | :---: | :---: |
|  | 2 <br> Yogurt Parfait w/ Granola <br> Orange Chicken bowl w/ brown rice <br> Poblano Green Cheese pasta <br> Santa Fe Chicken Salad | 3 <br> Banana Muffin <br> Hawaiian Chicken w/ brown rice \& $B B Q$ beans <br> Three Cheese Mac \& Cheese <br> Greek Chicken Salad | 4 <br> Cinnamon Toast Crunch <br> Bean \& Cheese Burrito <br> Ham and Cheese Bagel Sandwich <br> Chef Turkey and Ham Salad | 5 <br> Mexican Concha <br> Cheese Pizza <br> Pepperoni Pizza | STUDENTS! <br> LUNCH <br> SERVED EVERY DAY <br> with your CHICE OF: <br> 1\% White or <br> Nonfat Chocolate Milk |
| 8 <br> Sun Butter \& Jelly Sandwich Turkey Hot Dog <br> Breaded Chicken Patty on Bun | 9 <br> Yogurt Parfait <br> Spaghetti and Meatballs <br> Hamburger <br> Santa Fe Chicken Salad | 10 <br> Strawberry Muffin <br> Beef \& Cheese Nachos w/ beans \& corn <br> Cheese Quesadilla w/ Spanish rice <br> Greek Chicken salad w/ roll | 11 <br> Rice Chex w/ Cracker <br> s Chicken Alfredo Baked Ziti Bowl <br> Southwestern Chicken w/ brown rice <br> Chef Turkey \& Ham Salad | 12 <br> Vanilla Muffin <br> Cheese Pizza <br> Pepperoni Pizza |  |
| 15 <br> Coffee Cinnamon Crumble <br> BBQ Chicken on Bun <br> Bean \& Cheese Burrito <br> Turkey \& Cheese Bagel Sandwich | 16 <br> Multigrain Cheerios <br> Three Cheese Mac \& Cheese <br> Orange Chicken bowl w/ brown rice <br> Santa Fe Chicken Salad w/ ro | 17 <br> Banana Muffin <br> Chicken soft tacos w/ Spanish rice, beans, corn <br> Cajun Cheese Pasta Salad w/BBQ bean salad <br> Greek Chicken Salad w/ roll | 18 <br> Coco Puffs <br> Creamy Chicken Chipotle w/ brown rice <br> Vegetarian Lasagna w/ vegetables <br> Chef Turkey \& Ham Salad w/ roll | 19 <br> Mexican Concha <br> Cheese Pizza <br> Pepperoni Pizza | HEALTHY MINDS <br> - $1 / 2$ Cup of Fruits or Vegetables <br> -At Least 2 Other Food Items |
| 22 <br> Sun Butter \& Jelly Sandwich <br> Hamburger <br> Chicken Teriyaki Bowl w/ brown rice <br> Turkey \& Cheese Hoagie Sandwich | 23 <br> Cinnamon Toast Crunch Chicken nuggets <br> Spaghetti \& Cheese Marinara <br> Santa Fe Chicken Salad w/ roll | 24 <br> Chocolate Muffin <br> Cheese Quesadilla w/ rice, beans \& corn <br> Ham \& Cheese Bagel Sandwich <br> Greek Chicken Salad w/ roll | 25 <br> Trix w/ crackers <br> Chicken Alfredo Baked Ziti Bowl <br> Lemon Garlic Chicken w/ brown rice <br> Chef Turkey \& Ham, w/ roll | 26 <br> Blueberry Muffin <br> Cheese Pizza <br> Pepperoni Pizza | - Don't forget to eat at least 5 bites or more. YUM YUM <br> Remember to take at least 1 |
| 29 <br> Coffee Cinnamon Crumble <br> Breaded Chicken Patty on Bun <br> Bean \& Cheese Burrito | 30 <br> Yogurt Parfait <br> Chili Cheese Dog w/ corn <br> Ham \& Cheese Hoagie <br> Sandwich <br> Santa Fe Chicken Salad w/ roll | 5/1 <br> Vanilla Muffin <br> Beef \& Cheese Nachos w/ beans \& corn <br> Cheese Quesadilla w/ Spanish rice <br> Greek Chicken salad w/ roll | 5/2 <br> Cinnamon Toast Crunch <br> Three Cheese Mac \& Cheese w/ vegetables <br> Chef Turkey and Ham Salad | 5/3 <br> Mexican Concha <br> Cheese Pizza <br> Pepperoni Pizza | fruit with every breakfast! <br> Menu is subject to change without notice. |

