School-Wide Mental Health/Behavioral Support Protocol and Crisis Resources

Orange County Classical Academy

# OCCA Mental Health and Behavioral Support Protocol

As a school, OCCA cares for the emotional well-being of children and youth. This extends beyond the classroom and into the entire school. School-based mental health support focuses on teaching and reinforcing positive behaviors and decision making, promoting social and emotional competency and building resilience. Teachers who notice a student is not responding to class-wide interventions for mental-health will refer students to the school psychologist or school administrators.

# Crisis Resources

# 211OC.org

2-1-1 is a free, 24-Hour information and referral service linking to thousands of local health and human service programs in the Orange County area, including help in times of disaster to help those affected find assistance. If you or someone you know needs help, dial 2-1-1 for confidential support in 150 languages.

[211 OC](https://211oc.org/)

# Counseling Resources

*Care Solace*

Care Solace is an online resource with a live 24/7 concierge line meant to assist individuals in finding local mental health related programs and counseling services.

[CareSolace Site](https://www.orangeusd.org/departments/educational-services/student-community-services/caresolace)

*The OC Warm Line*

Non-crisis, caring support for anyone struggling with emotional/mental health challenges. (877) 910-WARM

*OC Mental Health Resource Directory*

Resources for students and families

[OC Student Mental Health Resource Info](https://myemail.constantcontact.com/New-Resources-for-Orange-County-Students-and-Families-.html?soid=1101289295579&aid=Y98P8cdkoKc)

*Children’s Support and Parenting Program (CSPP) Services*

Psychoeducation groups for parents and caregivers with school-aged children.

(714) 480-4678 [OC Health Info](http://www.ochealthinfo.com/)

*National Institute of Mental Health (NAMI):*

Helpline and family resources and groups for those affected by mental illness.

1-800-950-NAMI [NAMI](http://www.namioc.org/)

*Didi Hirsch Mental Health Center*

Santa Ana Services: Crisis line, outreach and survivor support services for family members of a person who died by suicide.

(714) 547-0855 [Didi Hirsch](https://didihirsch.org/services/)

*Friendly Center*

More than 20 free programs and services are offered to low-income families through our locations in Orange County. The programs help support families in different situations to develop long-term solutions.

(714) 771-5300 <https://friendlycenter.org/>

# Grief and Loss

*Coalition to Support Grieving Students*

Provides resources to care for grieving students

[www.grievingstudents.org](http://www.grievingstudents.org)

*The Dougy Center-The National Center for Grieving Children and Families*

Through the use of peer support groups, education, and training provides a safe place for children, teens, young adults and their families who are grieving a death to share their experiences.

(866) 775-5683 [www.dougy.org](http://www.dougy.org)

More Resources

<https://padlet.com/selpapd/SSHToolkit>