

## **Wellness Meeting Notes**

- Dr.Barke would like to scholar's to know the importance how to read food labels to help them making better food choices.
- Soda (Coca cola) diet or regular should be recommended not to consume.
- Mrs.Solorzano Jewell agreed regarding sodas.
- Mr.Chaput invited Dr.Barke to his classroom to encourage healthy eating habits
- Dr.Barke mention if hard boil eggs was a possibility to offer.
- Mr.Chaput would like to know if its possible for the vendor can provide granola bars for breakfast option.
- Lucas Garcia said that the breakfast and lunch options are good.
- Mrs.Bugenske share with us how she uses colors for Food to help students out.

### **Goals**

- Promote lunch program by having teachers write on the board the meal potions for the day.
- Better trash control in the lunch area.

### **NEXT Wellness Meeting Date**

May 11,2023@3:30 pm