ORANGE COUNTY

| Monday | Tuesday | Wednesday | Thursday | Friday |
| :---: | :---: | :---: | :---: | :---: |
|  | 9 <br> Trix \& Graham Cracker <br> Chicken \& Waffles w/ mashed potatoes <br> Santa Fe Chicken Salad w/ roll | 10 <br> Vanilla Muffin <br> Cheese Quesadilla w/ Spanish rice, bean, \& corn <br> Ham \& Cheese Panini w/ bbq beans <br> Greek Chicken Salad w/ roll | 11 <br> Multigrain Cheerios <br> Vegetarian Lasagna w/ broccoli \& carrots <br> Chef Turkey \& Ham Salad w/ roll | 12 <br> Mexican Concha <br> Cheese Pizza <br> Pepperoni Pizza |
| 15 | 16 <br> Rice Chex \& Graham Cracker <br> Hamburger w/tater tots <br> Three Cheese Mac \& Cheese $\mathrm{w} / \mathrm{peas} \&$ carrots <br> Santa Fe Chicken Salad w/ roll | 17 <br> Chocolate Chip Muffin <br> Chicken Tinga Nachos w/ fiesta beans \& corn <br> Greek Chicken salad w/ roll | 18 <br> Maple Waffle <br> Teriyaki Chicken Chow Mein Bowl w/ broccoli \& carrots <br> Chicken Alfredo Baked Ziti w/ peas \& carrots <br> Chef Turkey \& Ham Salad w/ ro | 19 <br> Strawberry Muffin <br> Cheese Pizza <br> Pepperoni Pizza |
| 22 <br> Coffee Cinnamon Crumble <br> Hamburger w/ carrots <br> Turkey \& Cheese Hoagie Sandwiches w/ Carrot | 23 <br> Multigrain Cheerios w/ graham crackers <br> Poblano Green Cheese Pasta w/ corn <br> Sloppy Joe on a HB Bunw/ corn <br> Santa Fe Chicken Salad w/ roll | 24 <br> Sunbutter \& Jelly Sandwich <br> Chicken Soft Tacos w/ fiesta beans \& corn <br> Three Cheese Mac \& Cheese w/ bbq baked beans <br> Greek Chicken Salad w/ roll | 25 <br> Pancakes <br> Creamy Tuscan Chicken Pasta $\mathrm{w} /$ broccoli \& carrots <br> Ham \& Cheese Bagel Sandwich w/ broccoli \& carrots <br> Chef Turkey \& Ham Salad w/ roll | 26 <br> Mexican Concha <br> Cheese Pizza <br> Pepperoni Pizza |
| 29 <br> Yogurt \& Graham Cracker <br> Turkey Hot Dog w/ carrots <br> Breaded Chicken Patty on a HB Bun w/ carrots | 30 <br> Lucky Charm \& Graham Crackers <br> Spaghetti \& Meatballs w/ corn <br> Bean \& Cheese Burrito w/ corn <br> Santa Fe Chicken w/ roll | 31 <br> Strawberry Muffin Beef \& Cheese Nachos w/ fiesta beans \& corn Creek Chicken Salad w/ roll | 2/1 <br> Cinnamon French Toast <br> Chicken Alfredo Baked Ziti Bowl w/ broccoli \& carrots Chef Turkey \& Ham, w/ roll | 2/2 <br> Vanilla Muffin <br> Cheese Pizza <br> Pepperoni Pizza |
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## BREAKFAST \& LUNCH ARE FREE FOR ALL STUDENTS! <br> LUNCH

SERVED EVERY DAY WITH YOUR CHOICE OF: 1\% White or
Nonfat Chocolate Milk


## Don't forget to eat at least 5 bites or more. YUM YUM

- Remember to take at least 1 fruit with every breakfast!

