

Please make sure your grade level group is correct on your menu and input your counts to the left of each meal you want to order. Please refer to bottom of menu for menu selection policies.



School Name:

August 2023 HEAT On-Site Menu

Last Updated: 7/10/2023
At 11:11 am

Grades: K - 8	August 2023 HEAT On-Site Menu										Last Updated: 7/10/2023 At 11:11 am	
Week 1 Options	Red & Orange		Dark Green		Beans & Peas		Starchy		Other Veggies			
	8/7/2023		8/8/2023		8/9/2023		8/10/2023		8/11/2023			
Breakfast												
Breakfast												
Hot Meal												
Hot Meal												
Hot Vegetarian												
Cold Meal												
Cold Pastas												
Cold Vegetarian												
Daily Salad												
Snack												
NOTES												
H												
Week 2 Options	Red & Orange		Dark Green		Beans & Peas		Starchy		Other Veggies			
	8/14/2023		8/15/2023		8/16/2023		8/17/2023		8/18/2023			
Breakfast												
Breakfast								250	Coco Puffs & WG Crackers	200		Mexican Concha
Hot Meal								300	Chicken Nuggets w/whole kernel corn (3/4c)	29		Cheese Pizza Box
Hot Meal										30		Peperroni Pizza
Hot Vegetarian												
Cold Meal												
Cold Pastas												
Cold Vegetarian												
Daily Salad								60	Chef Turkey & Ham Salad with a Wheat Dinner Roll			
Snack												
NOTES												
I												
Week 3 Options	Red & Orange		Dark Green		Beans & Peas		Starchy		Other Veggies			
	8/21/2023		8/22/2023		8/23/2023		8/24/2023		8/25/2023			
Breakfast	200	Coffee Cinnamon Crumble			200	Banana Muffin						
Breakfast			230	Trix & WG Crackers			225	Cinnamon Toast Crunch & WG Crackers	200			Strawberry Muffin
Hot Meal	180	Bean & Cheese Burrito w/carrot sticks (1/2c)	280	Spaghetti and Meat Sauce (3/4c) w/steamed broccoli & carrots (1c)			270	Chicken Alfredo Baked Ziti Bowl w/whole kernel corn (3/4c)				
Hot Meal					200	Turkey Hot Dog on a Bun w/bbq baked beans (3/4c)			29			Cheese Pizza Box
Hot Vegetarian					100	Cheese Quesadilla w/spanish rice (1/2c) & pinto beans (3/4c)			30			Peperroni Pizza
Cold Meal	180	Ham and Cheese Panini w/carrot sticks (3/4c)										
Cold Pastas												
Cold Vegetarian												
Daily Salad			80	Santa Fe Chicken Salad with a Wheat Dinner Roll	60	Caesar Chicken Salad with a Wheat Dinner Roll	90	Chef Turkey & Ham Salad with a Wheat Dinner Roll				

Snack NOTES J	Red & Orange		Dark Green		Beans & Peas		Starchy		Other Veggies	
	8/28/2023		8/29/2023		8/30/2023		8/31/2023		9/1/2023	
Breakfast					200	Blueberry Muffin			200	Mexican Concha
Breakfast	200	Banana Muffin	300	Lucky Charms & WG Crackers			200	cherrios		
Hot Meal	100	Teriyaki Chicken Chow Mein Bowl w/steamed carrots (3/4c)							29	Cheese Pizza Box
Hot Meal	260	Breaded Chicken Patty on a HB Bun w/carrot sticks (3/4c)	250	Hawaiian Chicken w/brown rice (3/4c) & steamed broccoli & carrots (1c)	250	Chicken Quesadilla w/spanish rice (1/2c) & pinto beans (3/4c)	250	Beef Marinara Baked Ziti Bowl w/whole kernel corn (1/2c)	30	Peperroni Pizza
Hot Vegetarian										
Cold Meal										
Cold Pastas										
Cold Vegetarian										
Daily Salad			100	Santa Fe Chicken Salad with a Wheat Dinner Roll	100	Caesar Chicken Salad with a Wheat Dinner Roll	100	Chef Turkey & Ham Salad with a Wheat Dinner Roll		
Snack										
NOTES A	Orders not submitted before the 5 business day deadline will receive meals selected by their client representative. Meal changes and cancelations must be given within 5 business days. Order counts may be changed within a 2 business day notice. At least 80% of weekly grains/breads are whole grain rich. Fruits are subject to change depending on availability of product. All breakfast, lunches and suppers are served with milk and fruit. Snack is served with milk. Menu subject to change. Menu items may change due to national supply chain issues including limited food availability, staff shortages, distribution issues, inflationary prices and/or other challenges.									